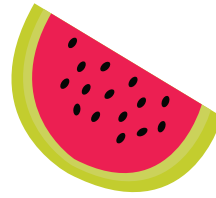


WEEKLY SUPPLY LIST

the **FRUIT** of the Spirit is

PEACE



Activity

You'll Need

	Activity	You'll Need
HANDS ON	Peaceful & Serene vs. Loud & Noisy Music Comparison	<ul style="list-style-type: none">• Peaceful music• Baking sheet, pans, or other kitchen items for your kids to use as instruments• Spoon or whisk
CREATE	Backyard Boats	<ul style="list-style-type: none">• Pool Noodle (Check your local dollar store)• Plastic Straws• Foam Sheet• Scissors• Hole Punch• Large Plastic Bin (or a kid pool would work too)• Optional: Blue Food Coloring
MAKE	Watermelon Pops	<ul style="list-style-type: none">• Sliced Watermelon• Popsicle Sticks
FRUIT IN ACTION	When you are feeling worried or afraid about something this week stop, pray, & give thanks.	Just your voice! Isn't it amazing that we have access to God through prayer every moment of every day? He wants to talk to us. <i>What a gift!</i>