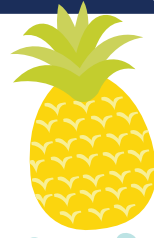


WEEKLY SUPPLY LIST

the **FRUIT** of the Spirit is

PATIENCE



Activity

You'll Need

	Activity	You'll Need
HANDS ON	Sweet Treat Test of Patience Object Lesson	<ul style="list-style-type: none">• A favorite sweet treat (Gummy Bears, M&M's, Fruit Snacks, Mini Marshmallows, Chocolate Chips)• 2 small bowls or bags (per person)
CREATE	Mail a Letter & Ask for One Back Activity	<ul style="list-style-type: none">• Cardstock or Construction Paper• Crayons, markers, or colored pencils to decorate card• Envelopes• Stamps
MAKE	Fresh Pineapple <i>Cut one up with your family!</i>	<ul style="list-style-type: none">• Whole Pineapple• Knife
FRUIT IN ACTION	Brainstorm ways you can be patient this week	<p>Supplies will vary, but you really don't need supplies at all to practice patience each and every day!</p> <p>(Examples: If you put together a puzzle you'll need a puzzle, if you wait for something to bake you'll need ingredients, or if you give a friend or sibling an extra dose of grace when they mess up you might give a hug or use your words to communicate grace)</p>