

# Pocket Pal

Services for the Homeless · Virginia Beach, VA

## Regional Housing Crisis Hotline

<b>Regional Housing Crisis Hotline Number</b>	227-5932
Monday through Friday, from 8 a.m.-7 p.m.	
<b>Non-Virginia Beach Residents</b>	587-4202

## Information

<b>Police Dispatch</b>	385-5000
<b>Va. Department of Human Services</b>	
3432 Virginia Beach Blvd	437-3200
Child Protection Services	800-552-7096
Adult Protection Services	888-832-3858
<b>Advocacy for Homeless School Children</b>	263-2300
<b>Department of Housing and Neighborhood Preservation</b> (includes Section 8)	385-5750
<b>Virginia Department for Aging and Rehabilitative Services</b>	800-552-5019
<b>Legal Aid</b>	552-0026
<b>Social Security Administration</b>	
2875 Sabre St. (Lynnhaven)	498-8726
Toll-free	800-772-1213
<b>Immigration Office</b>	800-375-5283

## Emergency Shelter

<b>The Lighthouse Day Support Center</b>	
825 18 <sup>th</sup> Street, Virginia Beach, VA 23451	
Office line	437-4911
Drop-in Center/Day Support Services	
Monday through Friday 8:00 am– 5:00 pm	
<b>JCOC Winter Shelter</b>	491-2846
Emergency shelter for adult men and women (Late October - Late March)	
<b>FORKIDS Inc.- Haven Housing</b>	
131 D View Ave, Norfolk	587-4202
Emergency Housing for families with children	
<b>Union Mission (Norfolk)</b>	
Men's Shelter	627-8686, ext. 200
Women's Shelter– Single	627-8686, ext. 331
Women's Shelter– with Children	627-8686, ext. 335

## Meals

<b>Potter's House ( Bag Lunch)</b>	
Pacific and 18 <sup>th</sup> St,	
Tuesday and Thursday	9:30am - 11:00am
<b>Star of the Sea (Bag Lunch)</b>	
Corner of 15 <sup>th</sup> St and Pacific Avenue	
Monday, Wednesday, and Friday	9:30am - 11:30am
<b>Judeo-Christian Outreach Center (Hot Meals)</b>	
1053 Virginia Beach Blvd	
Monday through Friday	6:00pm
Saturday, Sunday, and Major Holidays	3:00pm
<b>PIN Ministry</b>	
Beach Pentecostal Church	
501 15th Street	
Breakfast (Saturday)	8:00am - 8:45am
Dinner (Sunday)	2:30pm– 3:30pm

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## Health Services

<b>Beach Health Clinic</b> (call for Appointment) 3396 Holland Rd	428-5601
<b>Virginia Beach Health Department</b> 4452 Corporation Lane	518-2700
<b>Access Aids</b> 248 W. 24th St, Norfolk	640-0929
<b>PIN Ministries—Preventative Medical</b> Beach Pentecostal Church 501 15th St., VB 23451 Soap Chips Showers	962-3567 Sunday 2:00 pm Saturday 7:00am –9:00am

## Employment Services

<b>Virginia Employment Commission</b> 5145 Virginia Beach Blvd, Norfolk, VA	455-3900 455-3960
<b>OPP, Inc.</b> 861 Glen Rock Rd., Ste. 223 (Norfolk)	461-7537
<b>Step Up, Inc.</b> (Life skills and employment assistance for ex-offenders) 7510 Granby St., Norfolk	588-3151
<b>Temporary Employment</b>	
<b>Allied Forces Temp</b> 6056 Virginia Beach Blvd	466-7889
<b>Labor Ready</b> 1018 Clarence St., Norfolk	461-7733

## Mental Health Services

<b>National Counseling Group</b>	467-8184
<b>Va. Beach Department of Human Services</b>	
Emergency Services (For emergencies)	385-0888
Pembroke 3 (Information and Intake)	385-0511
Magic Hollow (Case Management)	385-8222
PATH Outreach	636-3160
Project Link	385-0810
<b>Suicide Crisis Center</b>	622-1126
<b>Suicide Crisis Hotline</b>	627-5433
<b>Virginia Beach Psychiatric Hospital</b>	496-6000
<b>National Suicide Hotline</b>	1-800-273-TALK

## Substance Abuse Help

<b>Va. Beach Department of Human Services</b>	
Recovery Center/Detox	385-6950
Pembroke 6	385-0600
<b>Salvation Army Alcohol Rehabilitation Center</b>	499-0032

## Veteran Services

<b>Veteran Affairs Medical Center</b>	722-9961
<b>VASH</b> (Housing service for Homeless Veterans)	
<b>Vets House</b> (Transitional House for Veterans)	724-8614
<b>Veterans' Outreach</b>	623-7584
<b>VBCDC</b>	463-9516

## Domestic Violence

<b>Samaritan House/ Safe Harbor</b> (office)	631-0710
<b>Samaritan House Crisis Line</b>	430-2120
<b>YMCA- Women in Crisis</b> (Norfolk)	625-5570
<b>HER Shelter (Portsmouth)</b>	485-1445
<b>HER Shelter Crisis Hotline</b>	485-3384

## Runaway/Youth Services

<b>Seton Youth Shelter</b> (Emergency shelter for Youth & Safe Place)	498-4357
<b>National Runaway Switchboard</b>	800-621-4000
<b>Stand Up for Kids</b>	888-365-4543

Produced by BEACH Community Partnership (revised 8/2016)

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